

BENTZ PHYSICAL THERAPY HEALTH HISTORY FORM

Date: _____ Name: _____ Age: _____ Height: _____ Weight: _____

Is anyone currently coming to your home to provide you care? ☐ Yes ☐ No Who? _____

Please describe the problem/symptoms you are currently experiencing: _____

When did your symptom begin? _____ How did your symptoms begin? _____

Overall are your symptoms? ☐ Getting Better ☐ Staying the same ☐ Getting Worse

What makes your symptoms WORSE? _____

What makes you symptoms BETTER? _____

How often do you experience your symptoms? ☐ Constant ☐ Frequent ☐ Occasional ☐ Intermittent

Have you had any of the following: ☐ Physical Therapy ☐ Imaging (X-ray, MRI, CT scan) ☐ Injections

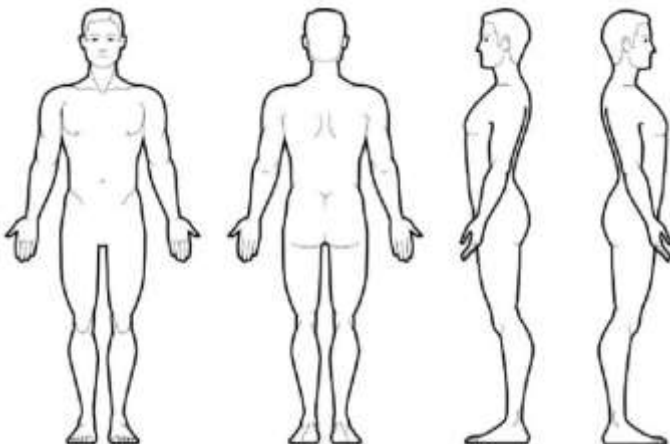
☐ Medication ☐ Hospitalization ☐ Surgery ☐ Other _____

Do you have a follow up appointment with your referring doctor? ☐ Yes ☐ No Date: _____

Have you ever had any of the following conditions or diagnoses? Check all that apply.

- | | | |
|--|---|---|
| <input type="checkbox"/> Alcoholism / Drug Use | <input type="checkbox"/> Headaches | <input type="checkbox"/> Pregnant (<input type="checkbox"/> Now <input type="checkbox"/> Recent) |
| <input type="checkbox"/> Allergies _____ | <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Psychiatric Disorder |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Sacroiliac/Tailbone Pain |
| <input type="checkbox"/> Auto Immune Disorder | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Bone Fracture | <input type="checkbox"/> HIV / AIDS | <input type="checkbox"/> Smoking History |
| <input type="checkbox"/> Bowel or Bladder Difficulty | <input type="checkbox"/> Irritable Bowel Syndrome | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Joint Replacement _____ | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Chronic Fatigue Syndrome | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Vision/Eye Problems |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Multiple Sclerosis | |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Osteoarthritis | Surgical History _____ |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Osteoporosis | _____ |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Pacemaker | _____ |

Mark all area(s) where you are experiencing symptoms with the appropriate symbol.



Aching	*****
Numbness	=====
Pins and Needles	++++++
Burning	xxxxxx
Stabbing	/////

Please rate your pain:

0	1	2	3	4	5	6	7	8	9	10
None							Moderate			Severe